Supervisory Mental Health Counselor for Youth

Organization Overview

Sakhi for South Asian Women exists to represent the South Asian diaspora in a survivor-led movement for gender-justice and to honor the collective and inherent power of all survivors of violence. Sakhi is committed to serving survivors through a combination of efforts including—but not limited to—direct services, advocacy and organizing, technical assistance, and community outreach.

Sakhi serves survivors from the South Asian diaspora who trace their backgrounds to Afghanistan, Bangladesh, India, Nepal, Pakistan, Sri Lanka, the West Indies, and Africa. Members of our community come from diverse backgrounds including age range, religion, ethnic origin, economic and educational background, language spoken, and immigration status. We work to represent, inform, actively engage, and mobilize the South Asian community in an intersectional, intergenerational survivor-led movement for gender justice.

Our office offers a unique work environment that is collaborative, fun, and committed to social justice.

Sakhi is looking for a full-time, licensed Mental Health Counselor to work with South Asian children, adolescent and youth survivors of domestic violence and sexual assault.

Position Responsibilities

- Provide developmentally and culturally-appropriate, trauma-informed, holistic counseling services to young survivors of domestic violence and sexual assault
- Provide psychoeducation on the impact of trauma and common reactions to abuse and violence
- Participate in the development of individual treatment plans that identify required services and interventions needed to assist youth and their families in working toward identified goals
- Help young survivors understand power and control dynamics and cycles of violence within their relationships, and create safety plans as needed for emotional and physical health
- Provide consultation to professionals in schools, health care settings, spiritual settings and other service systems who see trauma-exposed children and families
- Examine issues including substance abuse, aging, bullying, anger management, careers, depression, relationships, LGBTQ issues, self-image, stress and suicide
- Adapt treatment activities and approaches as needed in order to comply with changes in clients’ status
- Act as a youth survivor advocate in order to coordinate required services or to resolve emergency problems in crisis situations
- Gather information about community mental health needs and resources that could be used in conjunction with therapy
- Refer youth survivors to community resources or specialists as necessary
- Collaborate with other Sakhi staff for referrals and to streamline youth survivor services and programs
- Plan, organize and lead structured programs and support groups of counseling, work, study, recreation and social activities for young survivors
- Learn about new developments in the field by reading professional literature, attending courses and seminars, and establishing and maintaining contact with other social service agencies
- Maintain confidentiality of youth survivor experiences and records at all times

**Supervisory, Grant Management and Development**

- Provide direct supervision to Sakhi’s Youth Empowerment Program Advocate
- Oversee development, strategy and implementation of Sakhi’s Youth Empowerment Program
- Ensure Youth Program alignment with Sakhi’s overall mission to end gender-based violence and fulfill grant requirements
- Maintain records of all youth survivor related work/activities through efficient data collection and notetaking
- Train and supervise MSW interns and volunteers to provide supportive services
- Produce accurate reports and draft narratives for grant reporting
- Ensure routine and comprehensive program evaluation
- Work closely with Development Team to create work plans, attend site visits, and offer pertinent information as needed

**Outreach and Advocacy**

- Break the stigma around mental health while raising awareness of domestic and sexual violence in the local South Asian community
- Represent Sakhi on relevant task forces, coalitions, and committees to voice trends of gender violence and mental health in South Asian communities.

**Required Qualifications**

- Graduate degree in psychology, social work, counseling, or a related field. SIFI certification preferred.
- Fluency in one or more South Asian languages, especially Bangla and/or Hindi and/or Urdu
- 3-5 years of experience in direct social service with knowledge of trauma, sexual violence, domestic violence, and gender issues
- An investment and background in women’s rights advocacy and mental health issues is a must
- Excellent leadership and managerial skills
- Strong attention to detail
- Experience with working with vulnerable populations and trauma survivors
- Ability to work flexible hours including some evenings and weekends
- Ability to work well under pressure and juggle multiple time-sensitive tasks
This is a full-time role that requires flexibility with schedule. Work hours are Monday - Friday, 10am-6pm. Some evenings and weekends will be required. Salary starting at $55,000. Sakhi offers health and dental benefits, paid parental leave and all full-time team members have access to clinical supervision.

At Sakhi, we have a clear vision: to be the place where a diverse mix of talented people want to come, to stay and do their best work.

**Application Information**

Applications accepted on a rolling basis. Ideal candidates should be available to start as soon as possible. To apply, email your cover letter and resume to hr@sakhi.org with subject “Youth Counselor Applicant”